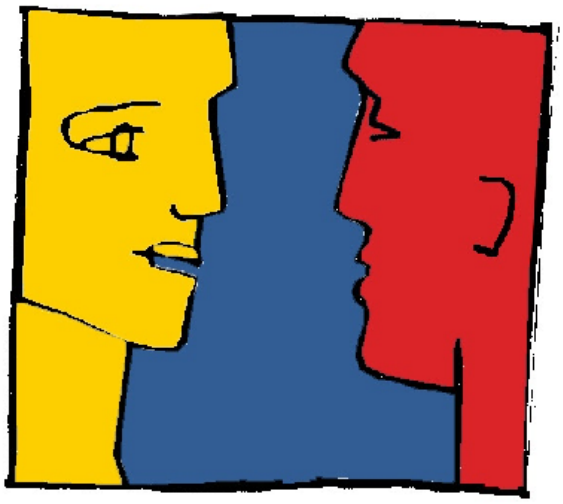

Diploma in Psychodynamic Counselling and Therapeutic Practice

Beginning September 2009 in Glasgow

The SIHR Diploma in Psychodynamic Counselling and Therapeutic Practice is conditionally validated by COSCA. This modular Course has been designed to fulfil the training requirements for those who wish to work towards professional accreditation with COSCA or BACP.

OPEN DAY
13th June, 2009

COSCA
Counselling & Psychotherapy in Scotland

SIHR
The Scottish Institute of Human Relations
- understanding people -

ABOUT THE COURSE

This part-time modular Course, taking place over two years, provides the opportunity for professional training as a psychodynamic counsellor, and includes theoretical study, skills practice, supervised clinical practice in a placement, the development of a critical awareness of underlying relational dynamics and the development of the capacity to work sensitively and constructively with issues of diversity and equalities.

The primary aim of Scottish Institute of Human Relations is the promotion of relationship as central to human development. The psychodynamic perspective describes a way of understanding human relations, by recognising and valuing the connections, which may not always be at a conscious level, between an individual's past and present experience.

This psychodynamic and relational focus will also underpin the interactions of students, supervisors and staff, and in the placement.

The course is conditionally validated by COSCA, and the Course Team is working towards accreditation of the course by a university, and eventual recognition by BACP[1], BPC[2] and UKCP[3].

AIMS

The Diploma Course aims to:

- prepare students to become practising psychodynamic counsellors who work sensitively, competently and ethically;
- equip students to act in an autonomous practitioner role as psychodynamic counsellors with individual clients by the acquisition and integration of the relevant clinical skills, a theoretical framework, and enhanced reflective self-awareness, thus bringing students to the level of eligibility in respect of training requirements to apply for COSCA or BACP accreditation;
- support students in developing a familiarity with the range of social, cultural and religious contexts from which clients may be drawn so that they may acquire cultural competence as professional and culturally sensitive practitioners;
- facilitate and develop students' awareness of the ethical principles and personal qualities required to practise as psychodynamic counsellors.

Graduates of the course will be in a position to work therapeutically within areas such as NHS primary and secondary care, student counselling, EAP work, in other related settings, and as an independent practitioner.

---

[1] British Association for Counselling and Psychotherapy
[2] British Psychoanalytic Council
[3] United Kingdom Council for Psychotherapy

START DATE & DURATION

The course begins with a non-residential weekend in September 2009, and will meet one day a week from 12.30pm to 7.30pm for two academic years (2009/10, 2010/11). A further one or two intensive days will be arranged in consultation with course members.
Clinical practice will take place throughout the course in placement contexts arranged by participants in consultation with the Course Team.

ENTRY REQUIREMENTS

All applicants are considered on the basis of suitability for the course, irrespective of gender, parental status, ethnic origin, colour, nationality, social class, disability, sexual orientation, religious belief or age. Applicants are normally required to:

- Have completed an approved initial counselling skills training course or its equivalent[4];
- Have experience of working with people in a field relevant to counselling;
- Have a willingness to engage actively in discussions throughout the course;
- Undertake on-going personal and professional development, including their own personal therapy;
- Have the capacity to develop a critical awareness of underlying interpersonal psychodynamics and apply this in practice;
- Have a readiness to engage effectively in a counselling placement;
- Have the capacity to work independently to ensure that they can achieve the standards necessary to complete the course satisfactorily.

FEES

Course fees for 2009-2010 will be £2800.00 per year.
Tuition fees for the course do not include personal therapy/counselling or individual supervision[5].

COURSE LEADER

Mary MacCallum Sullivan, BEd(Hons), MA(Psych & Couns), UKCP Reg.
Mary has a solid background in psychotherapy/ counselling education and training at the post-graduate level as teacher, team leader and manager, and is an experienced practitioner working with a wide range of clients. She is co-author with Harriett Goldenberg of *Cradling the Chrysalis: Teaching/Learning Psychotherapy* (2004) Continuum, editor of *Unconscious Communication In Practice* (1999), Open University Press, and co-editor with Bernard Burgoyne of *The Klein-Lacan Dialogues* (1997) Rebus Press.

---

[4] APL and/or APEL will be considered where applicants have considerable therapeutic experience; SIHR offers intensive weekend skills training courses to support such applicants

[5] There is an application fee of £50.00. and a university registration fee of £200.00. Annual fees for individual supervision will be of the order of £525.00 p.a. Annual fees for personal therapy should be of the order of £1,400.00 p.a.

ENQUIRIES and APPLICATION

Applications are invited for the course from 2nd February 2009, with individual and group interviews scheduled between February and July 2009. The closing date for applications is Friday 3rd July 2009.
Enquiries and expressions of interest are welcomed. Please contact Glasgow SIHR in the first instance. The Course Leader will respond to all enquiries.

ABOUT THE INSTITUTE

Founded as an education trust in 1971, The Scottish Institute of Human Relations (SIHR) is a national resource which provides educational programmes and services. A national charity, it has premises in Edinburgh and Glasgow, with a wide network of practitioners and members.

SIHR, in its role as an educational charity, develops and delivers courses and services for people who respond to such demands in their professional lives.

Our courses and services translate psychoanalytic, psychodynamic, and systemic ideas into practical tools for professionals in the health service, voluntary and faith organisations, and education and social services.

The Scottish Institute of Human Relations

172 Leith Walk
Edinburgh
EH6 5EA

Tel: 0131 454 3240
Fax: 0131 454 3241
edinburgh@sihr.org.uk

5 La Belle Place
Glasgow
G3 7LH

Tel: 0141 332 0011
Fax: 0141 332 3999
glasgow@sihr.org.uk

www.sihr.org.uk

SIHR aims to ensure that no-one receives less favourable treatment on the grounds of gender, parental status, ethnic origin, colour, nationality, social class, disability, sexual orientation, religious belief or age.

The Scottish Institute of Human Relations Ltd is registered in Scotland as a company limited by guarantee. No 56781. Registered charity no SC013051. Registered office: 172 Leith Walk, Edinburgh, EH6 5EA