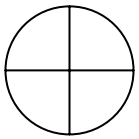
CG Jung Seminars Scotland

Public Lectures and Seminars
In Jungian Psychology



2009 Programme

CG Jung Seminars Scotland was founded in 2001 and is a non-profit professional group committed to providing lectures, seminars and other events in the field of Jungian Psychology. The presentations aim to reflect the breadth of the Jungian approach today for both practitioners and the wider public.

CG Jung Seminars Scotland Members:

Jane Buckley	British Association of Psychotherapists (Jungian section)
Susan Edwards	Co-ordinator
Audrey Grant	Founder Member
Penny Holland	British Association of Psychotherapists (Jungian section)
Frances Milne	Diploma CG Jung Institute, Zurich
Norah Smith	Society of Analytical Psychology

Enquiries regarding CG Jung Seminars Scotland should be sent to:-
Susan Edwards, CG Jung Seminars Scotland, 33a Morningside Park, Edinburgh EH10 5HD or susan@sedwards.go-plus.net

Lectures and seminars take place at:

The Meeting Room
Quaker Meeting House
7 Victoria Terrace (corner of Upper Bow, top of Royal Mile)
Edinburgh
EH1 2JL

Please see booking form on back page for prices.
We regret that we cannot make refunds for unused tickets.

Word Power provides a bookstall.

LECTURES AND SEMINARS

Hunger for Images

Josephine Evetts-Secker, chaired by Frances Milne
Saturday 28 March 2009, 11.00 am – 1.00 pm

Today we are bombarded by images, but images which increasingly seem to be stripped of their numinosity. Jung was deeply aware of our hunger for images, and in particular, religious images. But there has also been a deep-seated anxiety about image and idolatry, the confusion of the image and what it represents. Exploring these themes by reference to fairy tales, poetry, and dreams, the speaker will explore psyche's image-making capacity.

Josephine Evetts-Secker did both under-graduate and graduate work in English literature at the University of London (UCL). She taught for many years at the University of Calgary in Canada. In 1997 she returned to England and now lives and practises in Whitby and York. She is a graduate of the C G Jung Institute, Zurich, a member of The Independent Group of Analytical Psychologists and is also an ordained priest in the Anglican Church. She has edited volumes of fairy tales and published articles on literature and psychology.

Jung and Goethe: An Exploration

Paul Bishop, chaired by Frances Milne
Saturday 25 April 2009, 11.00 am – 1.00 pm

Goethe is frequently acknowledged as one of Germany's greatest poets, yet his work as a scientist and thinker is less well known. Although Goethe's influence on Jung is recognised, the full extent of the similarity between their approaches – one morphological, the other psychological – is often overlooked. In this talk, some of the affinities – and the differences – between Goethe's thought and the central tenets of Jung's analytical psychology will be explored.

Professor Paul Bishop is published on various topics relating to Jung and German thought, including *The Dionysian Self*, (1985), *Synchronicity and Intellectual Intuition* (2000), *Jung's* Answer to Job: *A Commentary* (2002) and most recently *Analytical Psychology and German Classical Aesthetics*, published in two volumes, *The Development of Personality* (2007) and *The*

Constellation of the Self (2008). He teaches German at the University of Glasgow.

Coherent Themes: The Matrix of Music and Analysis

Workshop led by Patricia Skar
Saturday 20 June 2009, 2.00 pm – 5.00 pm

There is much evidence that the experience of playing and listening to music facilitates the creation of 'inner order' in both a psychological and physical sense. From her dual perspective as a performing musician and Jungian analyst, Patricia Skar will explore the links between analytic and musical processes and explain how she has adapted some aspects of music therapy to her analytic practice. There will be an opportunity for attendees to actively explore some of these techniques during the seminar.

Patricia Skar, BMus, MFA, is a Zurich-trained Jungian Analyst and member of the International Association for Analytical Psychology practising in Stratford-upon-Avon. She has taught Jungian theory and lectured widely on music and analysis in both clinical and academic settings, and has published several articles on Jungian topics, including 'The goal as process: music and the search for the Self' *(Journal of Analytical Psychology* 47/4, 2002).

Shifting Shadows: Shaping Dynamics in the Cultural Unconscious

Catherine Kaplinsky, chaired by Norah Smith
Saturday 19 September 2009, 11.00 am – 1.00 pm

Jung has suggested that wars, social upheavals and religions are 'but the superficial symptoms of a secret psychic attitude unknown even to the individual himself, and transmitted by no historian….' (*Civilisation in Transition*, para. 315). With a focus on South Africa, and using dream material, I shall explore this further with particular emphasis on the cultural unconscious and the emerging theory of cultural complex.

Different cultures demand the repression of different aspects of the self and have different ways of actualising a moral code. These repressions are part of what make up a cultural complex which is dynamic and shifting. In the analytic setting via the transference and counter-transference, we are familiar with what is being repressed in relation to shadow dynamics,

complexes and obsolete defences. Central to this dynamic is the absorption of cultural attitudes. Major political shifts - historical change - inevitably affect cultural dynamics, 'secret psychic attitude(s)' and shifting shadows.

Cathy Kaplinsky was born in India and brought up in South Africa. Her family were politically exiled till 1991 in the UK. She is a Professional Member of the Society of Analytical Psychology, and has been a member of SAP Council and an Assistant Editor of *The Journal of Analytical Psychology* in which she has published. She is active in the SAP Training programme and the Russian Revival programme in Moscow. In addition to being a Training Analyst for the BAP (Jungian Section) she is an accredited Training Analyst for the Association of Child Psychotherapists. She has worked in various NHS settings – with mothers and babies, adolescents, students and adults. At present she is in private practice in Sussex.

From the Numinous to the Sacred

Christopher MacKenna, chaired by Penny Holland
Saturday 21 November 2009, 11.00 am – 1.00 pm

Having acknowledged my personal debt to Jung and White, I will reflect on numinous experiences occasioned by the unfolding of the self, asking whether such experiences should automatically be treated as encounters with the Sacred. I will argue that they should not. I then want to think about experiences of privation, both in relation to catastrophic failures of development and, more positively, in relation to the development of our ability to symbolise. Hopefully (*pace* Jung) I will end by suggesting a way in which God/the Sacred may legitimately be thought of as the Highest Good.

Chris MacKenna is an Anglican Priest and a Senior Member of the Jungian Analytic Section of the BAP. He is also an Honorary Member of the Spirituality Special Interest Group of the Royal College of Psychiatrists. He has published a number of papers on the resonances and conflicts between (mainly Christian) spirituality and depth psychology and is particularly interested in the psychology of religious experience and religious institutions, including psychotherapy organisations. Currently, he is Director of St Marylebone Healing & Counselling Centre and Chaplain to the Guild of Health.

Reading Group 2009
Cultural Complex – Cultural Unconscious: Filling the space between the individual and the collective

led by Penny Holland
Wednesdays for 9 weeks, with a one week break, from 23 September to 2 December, 7.30 pm – 9.00 pm £90. Maximum 10 places

Venue: Wordpower Bookshop 43 West Nicholson St. EH8 9DB

Drawing on Singer and Kimbles' Reader, *The Cultural Complex*, the Reading Group will explore this modern version of Jung's theory of Complexes; the forces – cultural, group and individual – which exacerbate conflict and undermine collaboration. Contributors from around the world exemplify the basic premise that a cultural complex takes many forms in many places, but also shares common characteristics. Prior knowledge of Jungian thinking would be an advantage but not essential. The impact on clinical practice will also be considered.

Members will be encouraged to share in the choice of readings and introduction of topics to the group, including their own examples of cultural complexes.

Singer T. & Kimbles S.L.., eds. (2004). *The Cultural Complex: Contemporary Jungian Perspectives on Psyche and Society.* Brunner-Routledge. Hove & New York.

Penny Holland (PhD) has a background in the social sciences and trained in London with the Jungian Analytic Section of the BAP. She retired from practice as a Jungian Analyst in 2008, but remains a member of the BAP, the International Association of Analytical Psychology and the Scottish Institute of Human Relations. She retains a special interest in the links between the Jungian Analytic and Psychoanalytic traditions.

Application forms may be obtained from Susan Edwards, C G Jung Seminars Scotland, 33a Morningside Park, Edinburgh EH10 5HD.

BOOKING FORM

To book for events, please complete the form below and send it to:
Susan Edwards, CG Jung Seminars Scotland, 33a Morningside Park, Edinburgh EH10 5HD

Please make the cheque payable to: CG JUNG SEMINARS SCOTLAND **and enclose an SAE to receive confirmation of your booking**

Name…….

Address…….

……..

Telephone
number…….Email……...

LECTURES AND SEMINARS
Please tick the lectures/seminars you wish to attend:

Hunger for Images
Saturday 28 March, 11.00 am – 1.00 pm £10

Jung and Goethe: An Exploration
Saturday 25 April, 11.00 am – 1.00 pm £10

Coherent Themes: The Matrix of Music and Analysis £15
Saturday 20 June, 2.00 pm – 5.00 pm

Shifting Shadows: Shaping Dynamics in the Cultural Unconscious £10
Saturday 19 September, 11.00 am – 1.00 pm

From the Numinous to the Sacred
Saturday 21 November, 11.00 am – 1.00 pm £10

Students and unwaged - £8, except for *Coherent Themes: The Matrix of Music and Analysis*