

PERSONALITY DISORDERS: Person or Problem?

- using a psychodynamic framework to enhance professional practice -



27 September – 29 November 2011
9.30am - 1pm



The Scottish Institute of Human Relations

PERSONALITY DISORDERS: Person or Problem?

- using a psychodynamic framework to enhance professional practice

Overview and Membership

This is a 60 hour Continuing Professional Development course comprising 36 hours attendance and 24 hours individual study. It is led by experienced members of SIHR with additional contributions from different disciplines in the caring professions and has run successfully in 2009 and 2010.

It is designed for practitioners in healthcare, social work, teaching, prison welfare housing, ministry, voluntary organisations et al who are working with service users with personality disorder. Some comments from participants in social care, psychiatry, social work, nursing and counselling who undertook the last course are included later in this flyer.

The course offers an opportunity to further develop an understanding of people with personality disorders and how these disorders impact upon the individual, the family, the clinician and the organisation. The learning is supported by an exploration of a psychodynamic and systemic framework. Additionally, different treatment modalities and the management of risk are explored.

An individual post course consultation of 1 hour, to assist participants in identifying future support and learning needs, is included in the course fee.



Course Content

The course takes place over ten weeks (Tuesday mornings 9.30am – 1pm. Each session is 3 ½ hours long comprising a reading and theory seminar and a work discussion seminar where current practice can be thought about in a small confidential group. Participants should expect to set aside a minimum of two hours per week for reading and periodic preparation of work material.

Aims and Objectives

1. To develop understanding of personality disorders in the context of personality developmental pathways and the potential impact of these upon service users and their families.
2. To develop knowledge of psychodynamic and systemic concepts, especially that of Transference and Counter-Transference, as an aid to working with services users with personality disorder.
3. To explore the impact of attachment, separation and loss on the individual's life experience and the potential link to personality disorder.
4. To increase awareness of organisational dynamics and thus assist multi disciplinary and interagency working and service user involvement.
5. To further develop skills in assessment and the management of risk.



Learning Outcomes

On completion of the course it is anticipated participants will have enhanced capacities in:-

- integrating knowledge of personality disorders with current work experience.
- formulating appropriate personal responses to people with personality disorder.
- reflecting on the use of self in practitioner or management role with relation to crises and risk.
- considering a variety of interventions, including the ability to harness service users' strengths in these.
- applying psychodynamic understanding to group and multi agency working.

Costs

The 2010 course fee of £700.00 has been retained. The fee includes all reading papers, certificate of completion and a one hour post course consultation. Applicants will be invoiced for the full course fee upon acceptance of application. In the event of cancellation prior to the start date a £50 administration charge will be levied.

Please note that course fee invoices will be sent out with acceptance of applications/offer of place letters with payment due no later than the mid point of the course.

Venue, Dates and Times

- SIHR, 172 Leith Walk, Edinburgh EH6 5EA
- 10 Tuesdays from 27 September – 29 November 2011
- 9.30am to 1pm



APPLICATION FORM

PERSONALITY DISORDERS: Person or Problem? - starting 27 September 2011

NAME	
ADDRESS	
Email	
Contact Tel. No.	

Current Work

Previous work and training experience (and relevant qualifications)

Reasons for Applying for this Course

Name, address and telephone number of work colleague / manager who will support your application.

Invoicing Details (if different from overleaf):

NAME	
ADDRESS	
Tel. No.	

Please note that course fee invoices will be sent out with acceptance of applications/offer of place letters with payment due no later than the mid point of the course.

Applicant Signature:

Date:

This form should be returned by 23 August 2011 to:

**Jill Prentice
Personality Disorder Course
SIHR, 172 Leith Walk, Edinburgh EH6 5EA**

I do not want to receive information about any other SIHR courses, trainings, events, or services.

Personal information will be held and processed by SIHR according to the Data Protection Act (1998). This information will be used by SIHR to administer and manage the course or service.

COURSE OUTLINE

1. Personality Development and Personality Disorder – historical and sociological context - June Campbell (27 September 2011)
2. Attachment and complex post traumatic stress disorder and links with personality disorder - Adam Burley (PhD) (4 October 2011)
3. Psychodynamic and systemic concepts in practice - Jill Prentice (11 October 2011)
4. Psychopathology, transference and counter-transference and Mentalisation – to be advised (18 October 2011)
5. Assessment, aetiology and diagnosis and the management of risk - Dr Maria Falzon (25 October 2011)
6. The impact of personality disorder upon the individual and families - Merrick Pope and colleague with lived experience (1 November 2011)
7. The impact of personality disorder on professionals -organisational dynamics, multidisciplinary and interagency working - Ray Pavey (8 November 2011)
8. Dialectical Behavioural therapy and Cognitive Analytic Therapy - Maggie Gray (15 November 2011)
9. Therapeutic groups and therapeutic communities - Dr Nick Dunne (22 November 2011)
10. Different approaches to M. Thompson – case study; and Review Jill Prentice and Ray Pavey (29 November 2011)

POST COURSE 1 HOUR CONSULTATION

With Jill Prentice or Ray Pavey in Early December 2011

Quotes from previous participants

" The course tutors were excellent and guest speakers gave me a lot to think about"

"It helped put my work into context and given greater confidence in my role in service development"

"Much learnt from input of others on the course especially as the facilitators said relatively little"

"The course was really good, really well organised and full of good things."

"Very relevant to my work and learning from others in the group has given me a new approach to working with colleagues"



The Scottish Institute of Human Relations

Founded as an education trust in 1971, The Scottish Institute of Human Relations (SIHR) is a national resource which provides educational programmes and services. A national charity, it has premises in Edinburgh and Glasgow, with a wide network of practitioners and members.

Why choose SIHR?

Understanding human relationships is central to emotional health and well-being, but sustaining and applying that understanding in the work of promoting mental health or social well-being is very demanding. SIHR, in its role as an educational charity, develops and delivers courses and services for people who respond to such demands in their professional lives.

Our courses and services translate psychoanalytic, psychodynamic and systemic ideas into practical tools for professionals in the health service, voluntary and faith organisations, and education and social services.

The Scottish Institute of Human Relations

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